



Suicide Prevention Training

The training will provide participants with the essential skills to identify and respond to a person at risk of suicide, and:

- To recognise the warning signs of suicide
- To learn how to support a person at risk to access appropriate services and to develop their safety plan
- To promote help-seeking behaviour before a crisis occurs
- Each participant will learn to identify their own self-care strategies.
- An opportunity for participants to develop their own personalised safety plan.

Where: Burdekin PCYC, 164 MacMillan St, Ayr 4807

Cost: Free (Please bring your own lunch)

When: Friday 18th March 2022

Time: 8:30 AM – 3:30 PM

Enquiries: adminqld@kentishrc.com.au

Phone: 0448 894 525

RSVP: <https://bit.ly/3LSNUEW>



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